

### NJ Social and Emotional Learning Competencies

**10** Synthesize and relate knowledge and personal experiences to make art.

#### CONSOLIDATED EU

Through the arts, personal experiences, ideas, knowledge, and contexts are integrated to make meaning, and synthesized to interpret meaning.

#### CONSOLIDATED EQ

How does engaging in the arts deepen our understanding of ourselves, relate to other knowledge and events around us?

**11** Relate artistic ideas and works with societal, cultural and historical context to deepen understanding.

#### CONSOLIDATED EU

People develop ideas, expand literacy, and gain perspectives about societal, cultural, historical, and community contexts through their interactions with an analysis of the arts.

#### CONSOLIDATED EQ

What relationships are uncovered when people investigate the cultural, societal, historical, and theoretical aspects of an artistic work; and how does this knowledge connect us to the art around us and enhance literacy in the arts and connection to our communities?

### Self-Awareness

**01**  
Recognize one's feelings and thoughts

EU: The recognition of one's thoughts, feelings and their impact on one's behavior are integrated to synthesize, make and interpret meaning in artistic works.

**02**  
Recognize the impact of one's feelings and thoughts on one's own behavior

EQ: How does one's feelings and thoughts connect to artistic works?

EQ: How does one's behavior connect one's feelings and thoughts to artistic works?

**03**  
Recognize one's personal traits, strengths and limitations

EU: Through individual connections in the arts personal strengths, traits and challenges are recognized.

EU: Perspectives about societal, cultural and historical concepts in the arts reveal one's own traits, strengths and limitations.

EQ: How does engagement in the arts deepen recognition of one's personal traits, strengths and challenges?

**04**  
Recognize the importance of self-confidence in handling daily tasks and challenges

EU: An artist's confidence in the value of personal experiences, ideas, and knowledge is essential to interpret meaning in an artistic work.

EQ: How does building self-confidence impact making and relating to artistic works?

EQ: How does handling daily artistic tasks build self-awareness?

### Self-Management

**05**  
Understand and practice strategies for managing one's own emotions, thoughts and behaviors

EU: Through engagement in the artistic process artists develop strategies for managing one's emotions, thoughts and behaviors.

**06**  
Recognize the skills needed to establish and achieve personal and educational goals

EQ: How does engaging in the arts deepen our understanding of our own strategies for building perseverance, managing emotions, thoughts and behaviors?

**07**  
Identify and apply ways to persevere or overcome barriers through alternative methods to achieve one's goals

### Social Awareness

**08**  
Recognize and identify the thoughts, feelings and perspectives of others

EU: Artists synthesize knowledge (personal, societal, cultural, and historical) and life experiences to recognize and identify the thoughts, feelings, and perspectives of others.

EQ: How does engaging in the arts help one identify their own thoughts, feelings and the perspectives of others?

**09**  
Demonstrate an awareness of the differences among individuals, groups and others' cultural backgrounds

EU: Life experiences provide artists with a variety of perspectives to express and become aware of the differences among individuals, groups and other's cultural backgrounds.

EU: Artists create diverse & different artistic expressions synthesizing knowledge (personal, societal, cultural, and historic).

EQ: How does engaging in the arts cultivate and demonstrate awareness of the various differences among individuals?

**10**  
Demonstrate an understanding of the need for mutual respect when viewpoints differ

EU: Engagement in the arts provides opportunity to develop mutual respect for differing viewpoints (personal, cultural, societal and historical).

EQ: How does engaging in the arts provide opportunities to demonstrate an understanding of the need for mutual respect when viewpoints differ?

**11**  
Demonstrate an awareness of the expectations for social interactions in a variety of settings

EU: Life experience informs artistic expression raising awareness of societal interactions and a variety of perspectives (personal, cultural, societal and historical).

EQ: How does engaging in the arts provides opportunity to demonstrate awareness of the expectations for social interactions in a variety of settings?

### Relationship Skills

**12**  
Establish and maintain healthy relationships

EU: Artists explore, establish, and maintain healthy relationships through comradery, safe space and/or a sense of belonging and purpose.

EQ: How does connecting to the arts help establish and maintain healthy relationships?

**13**  
Utilize positive communication and social skills to interact effectively with others

EQ: How does connecting to the arts develop positive communication and social skills?

**14**  
Identify ways to resist inappropriate social pressure

EU: The arts provides a community and outlet for students to individualize their personal experiences, ideas and interpretation in order to resist inappropriate social pressure and learn to appreciate diversity.

EQ: How does engaging in the arts help provide context or skills to help students navigate inappropriate social pressure and learn to appreciate diversity?

**15**  
Demonstrate the ability to prevent and resolve interpersonal conflicts in constructive ways

EU: Understanding a broad range of experiences (personal, societal, cultural and historical) in the arts can be used to empathize with others, and prevent or resolve interpersonal conflicts in constructive ways.

EQ: How does understanding cultural and societal context in the arts to empathically prevent and resolve conflicts in constructive ways?

EQ: How does engaging in the arts develop the skills to empathically prevent and resolve conflicts in constructive ways?

**16**  
Identify who, when, where, or how to seek help for oneself or others when needed

EU: Through connection and participation in the arts, artists learn to seek opportunities for help, either for oneself or for others when needed.

EQ: How can engagement in the arts build artists' comfort with seeking help for oneself or others when needed?

EQ: What artistic opportunities are available (within cultural, societal and historical contexts) in which artists can seek help for oneself or others?

### Responsible Decision-Making

**17**  
Develop, implement and model effective problem solving and critical thinking skills

EU: Knowledge and personal experiences in the arts can be used to implement and model effective problem solving and critical thinking skills.

EU: Societal, cultural and historical exposure and analysis in the arts can be used as a conduit to implement and model effective problem solving and critical thinking skills.

**18**  
Identify the consequences associated with one's actions in order to make constructive choices

EU: How artists synthesize their knowledge (personal, societal, cultural, ethical, and historical) has social impact.

EQ: How does engagement in, and the analysis of, the arts develop problem solving and critical thinking skills?

**19**  
Evaluate personal, ethical, safety and civic impact of decisions

EQ: How does engagement in the arts help identify consequences and the impact of decisions associated with one's actions in order to make constructive decisions?

EQ: How can artists make art based on knowledge (personal, societal, cultural, ethical, and historical) to impact their social context?